



# Off The Back



October 2002

## Club Events

**Starting October 13<sup>th</sup> - Road Ride-** at 9:00 a.m. at Muddy Waters Coffee Co., 1603 G Street, Arcata. Social ride pace; no one will be dropped. See description in newsletter.

**October 20<sup>th</sup> Swap Meet and General Meeting -** Revolution Bicycle Repair, 1360 G Street, Arcata. Swap meet from 10:00 a.m. to 2:00 p.m. **RAIN CANCELS**

**November 5-7- New World Disorder 3 Video Fundraiser-** A detailed flyer coming soon.

**November 14<sup>th</sup> General Meeting-** Chapala Cafe, 201 2<sup>nd</sup> Street, Eureka. Social time at 6:00 p.m. and meeting time at 6:30 p.m. See details in the newsletter.

## Club Insurance Resolved

The club insurance through IMBA is back. We apologize for canceling all the August and September events, but the insurance issue was out of our hands. There are a few good weeks of riding left before the rain starts, so we encourage everyone to make the most of it. There are a few new events on the calendar. If you have never done a cyclocross race, you should try it. It is lots of fun and a great way to stay in shape during the winter!

## Swap Meet and General Meeting

– On October 20<sup>th</sup>, we will be having our second annual swap meet. It will be held at Revolution Bicycle Repair, 1360 G Street, Arcata. Donate your used bike parts to the club. Please do not bring broken parts or junk. If you want to sell a complete bike, the club will take a 25% commission. The swap meet will take place from 10:00 a.m. to 2:00 p.m. Come by and meet the president and board officers. Because it is being held outside, rain cancels.

## New World Disorder 3 Video Fundraiser

We are going to hold our second annual video fundraiser sometime in early November. We are currently in the planning phase. We will also have a drawing for a Giant Warp full suspension mountain bike. The event will likely be held at Humboldt State University. We

will be sending out a detailed flyer later in the month.

## November 14<sup>th</sup> General Meeting-

We are meeting at Chapala Cafe, 201 2<sup>nd</sup> Street, Eureka. There will be a social time at 6:00 p.m. and a general meeting at 6:30 p.m. This is an important meeting! This is your opportunity to help guide the club and get more involved. The meeting will focus on nominating members for the December board election.

## Local Rides

The Tuesday night road ride is no longer active due to a lack of evening light. Starting on October 13<sup>th</sup> we are resurrecting the Sunday road ride. Meet at 9:00 a.m. at Muddy Waters Coffee Co., 1603 G Street, Arcata. The early start will allow for a long ride without wiping out your whole day. The pace will be social and concentrate on building mileage and not speed. Hammerheads will be let go.

## Next HBBCA Meeting

The next Humboldt Bay Bicycle Commuters Association meeting is scheduled for November 18<sup>th</sup>, at 6:30 p.m. at Luzmila's. It is located at 1288 G street in Arcata.

Get involved in bicycle commuting and bike advocacy!

# Pacific Coast Bike Route Study In Progress

"Portions of the route are extremely hilly and winding with numerous blind corners and lacking in paved shoulders. Those who are not from California, and who are accustomed to riding on less-trafficked roads, need to be wary and constantly aware".

Adventure Cycling (Crescent City to San Francisco map)

Perhaps it's the adrenaline rush one gets riding on rubble next to the white line, with logging trucks careening around the corner, applying their "J" brakes just in time...the cyclist hauling up the hill because there's 10 cars behind her now, and the shoulder widens just...uh... ahh...up...he...here....aaagh! Or perhaps (more likely) it's the beauty of the Pacific, the majestic redwoods, the funky towns....it's the California coast after all.

Whatever the reason, the PCBR is one of the most popular cycling routes in the world, and if you are a cyclist living, working, or just visiting Humboldt County, chances are you have ridden sections of the route. This infamous route begins on Highway 101 at the California/Oregon state line and ends adjacent to Interstate 5 at the Mexican border. In northern California, the route mostly follows Highway 101 and Highway 1 with exceptions north of Crescent City, in the City of Eureka, and just north of Fort Bragg where it follows city or county roads.

Caltrans and the local transportation authorities are interested in receiving practical input from cyclists in order to prioritize bicycle improvements along the Pacific Coast Bike Route through Del Norte, Humboldt, and Mendocino Counties. The Natural Resources Services division of RCAA has been contracted to gather that information through surveys, interviews, and a public input hotline.

If you have concerns about the PCBR, ideas that could make the route safer or more appealing, or if you know anyone else who has cycled the route, please spread the word. Whether you are a commuter riding from Arcata to Eureka, or a touring cyclist who has cycled the route once, we are interested in hearing from you. We will be holding public workshops where

we will discuss particular "problem areas", rerouting suggestions, and other concerns that come to the table.

Pick up a survey at your local bike shop, find it online at [www.rcaa.org/bikeroute](http://www.rcaa.org/bikeroute), call the hotline at 1-800-800-9044 x93073 or locally at 707-269-2073.

Keep your eyes open for the meetings (one in each County) scheduled sometime mid-November. For more information, or to find out how your bicycling organization/club can help, please call Nicole Murano at 269-2067.

Thanks go out to Nicole and the information!

## Rules for the Ride

Non-members are welcome on all Club rides. But, the following guidelines must be followed by all cyclists:

- Helmets are mandatory!
- Wear comfortable and adequate clothing for the ride.
- Bring the basic tools to repair your bike (pump, patch kit, various wrenches, & spare tube).
- Some tool options include a spoke wrench and a chain tool.
- Food and drink along with money for food, calls, or fixing that blown tire.
- Have fun! That's what riding a bike is all about.

## Bike Sites

Have a favorite bike related web site? E-mail suggestions to [jbrobbins@cox.net](mailto:jbrobbins@cox.net). The sites picked for this issue are:

- <http://www.calbike.org/> California Bicycle Coalition
- <http://www.imba.com/> International Mountain Bicycling Association
- [www.bigfootbicycle.org](http://www.bigfootbicycle.org)

## Newsletter Submissions

All members are encouraged to submit articles to the newsletter. We are looking for articles that will educate or entertain other club members. The deadline for the December newsletter is November 30<sup>th</sup>, 2002. Send articles to Jim Robbins at [jbrobbins@cox.net](mailto:jbrobbins@cox.net) or by regular mail to Bigfoot Bicycle Club, P.O. Box 2823, McKinleyville, CA 95519.

## 2002 Local Event Calendar

The list is getting quite short, but don't moth ball your bikes yet. Check local bike shops and the web for more detailed information. Submit event info to [jbrobbins@cox.net](mailto:jbrobbins@cox.net). Visit the Cycle California web site for out of the area rides and races <http://www.cyclecalifornia.com/>

- **October 26<sup>th</sup> - South Bay Time Trial, No Host-No Fee.** 13.6 mile flat course or 15.2 mile hilly course. Time: 8:30 a.m. registration and 9:00 a.m. start, Location: College of the Redwoods. For more information call (707) 443-9861
- **November 17<sup>th</sup> – Mad River Psycho Cross Series, Race #1.** Cyclocross race at Pump Station Park off West End Road in Arcata. See flyers at local shops for more details. Organizer: Revolution Bicycle Repair.
- **December 14<sup>th</sup> – Stomach Churn Cyclocross Race** – Tentative event. See flyers at local shops for more details. Organizer: Jack Fraser.
- **December 21<sup>st</sup> - Mad River Psycho Cross Series, Race #2.** Cyclocross race at Pump Station Park off West End Road in Arcata. See flyers at local shops for more details.
- **January 26<sup>th</sup> - Mad River Psycho Cross Series, Race #3.** Cyclocross race at Pump Station Park off West End Road in Arcata. See flyers at local shops for more details.



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