



Off The Back



February 2002

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Important Dates:

May 19th-

John's Backyard Mountain Bike Skills Clinic and Tour

June 8th-

Poker Run

President's Corner

With springtime right around the corner, it's time to think about the upcoming cycling season and make some plans. Check out the events and ride calendar in this Newsletter to develop a game plan on the upcoming tours, races and fun rides. They will be here before you know it. Many members are already getting fit on the Sunday morning Muddy Waters ride as well as the Club's night ride on Wednesday at 6:30PM (check the ride calendar for more details).

The Board of Directors has approved two cycling events for this season. We need your help in making these events successful. If you would be willing to help please drop us an Email mjdostal@humboldt1.com or call 442-0726. We need the help of the Club to make these events thrive. John's Backyard Mountain Bike Skills Clinic and Tour will be on May 19th and the Poker Run will be on June 8th respectively. A flyer will be out at the local bike shops soon, so mark your calendars and plan on attending these events!

Tim Wykle, our Director at Large, has been very busy cutting through the Feds and state Government's red tape. We hope to get the Club's nonprofit status soon. Kudos to Tim for donating his legal talents and time toward this effort. We will keep you posted regarding the outcome of Tim's hard work!

Ride hard and often! John Dostal

Web Site

The web site is up and running thanks to web site director Matt Hodgson. Check it out at <http://www.bigfootbicycle.org> We welcome any suggestions or criticisms that would make the site more informative. We will add more information, especially about local events and rides in Humboldt County. Please e-mail suggestions to bigfootbicycle@hotmail.com.

New E-mail List Subscribe Today!

There's a new way for members to communicate with each other. Anyone can send and receive E-mail by getting on the club list at www.topica.com. This list is for communicating club business to the general membership, scheduling local rides, and advertising club and local events. It can be used as a discussion forum on local cycling issues and trail access. It can even be used to advertise bike-related stuff that you have for sale or want to buy. To subscribe send a blank E-mail to the following address: bigfootbicycleclub-subscribe@topica.com To send a message simply send your E-mail to bigfootbicycleclub@topica.com A recent check showed only 11 subscribers on the list. If you want to keep current with upcoming rides, races, and other cycling info in Humboldt County subscribe today! **The regular E-mail list from Mike Butler will be discontinued shortly.**

Night Riding

We've had a good turnout in the past few Wednesday night rides. We've had a diverse group including singlespeeders and riders of all levels and genders. This time of year almost necessitates riding at night if you want to stay in shape or get to and from work. Whether you are a commuter or just out for a fun ride, riding at night can be dangerous. Here are a few tips:

- Wear light colored clothes
- Use front and rear lights
- Ride defensively, assume that cars don't see you
- Obey traffic laws such as stopping at all stop signs
- Think reflectors are for dime store bikes? Use reflective tape on your seat post, helmet, or other inconspicuous place

Rules for the Ride

Non-members are welcome on all Club rides. But, the following guidelines must be followed by all cyclists:

- Helmets are mandatory!
- Wear comfortable and adequate clothing for the ride.
- Bring the basic tools to repair your bike (pump, patch kit, various wrenches, & spare tube).
- Some tool options include a spoke wrench and a chain tool.
- Food and drink along with money for food, calls, or fixing that blown tire.
- Have fun! That's what riding a bike is all about.

Want to Ride a New Trail?

Tom Phillips has suggested we plan a camping trip to Boggs Mountain Demonstration State Forest. The forest is located in Lake County and has fantastic legal single track. If you are bored with the local trails, think about joining the club this spring for a fun weekend. Do you have an idea for a fun ride? Send an E-mail to the club list serve.

Club T-Shirts

Club T-shirts are here and they are only \$10. They are available at Henderson Center Bikes, Adventure's Edge, and Revolution Bicycle Repair.

Local Rides

Want to meet new riders? Join one of the local rides that many club riders attend.

- Wednesday Night Mountain Bike Ride. Meet at 6:30 p.m. at Revolution Bicycle Repair in Arcata.
- Sunday Morning Road Ride. Meet at 10:00 a.m. at Muddy Waters in Arcata.

Bike Sites

Have a favorite bike related web site? E-mail the club list and let us know. The hot sites picked for this issue are:

- www.roadbikereview.com
- www.mtbr.com
- www.bigfootbicycle.org

2002 Board of Directors

President: John Dostal 442-0726 for info

Vice President: Justin Brown

Treasurers: Todd & Jolien Olsen

Secretary: Michael Butler

Newsletter: Jim Robbins

Wed Site Director: Matt Hodgson

Director at Large: Tim Wykle



2002 Event Calendar

The following events are expected to take place in 2002. This is by no means a complete list of events for California but events the club may participate in because of their proximity to Humboldt. The information presented is the most recent information available. Check local bike shops and the web for more detailed information.

- **March 2nd - Tompkins Hill Time Trial, No Host-No Fee.** 13.6 mile flat course or 15.2 mile hilly course. Time: 8:30 a.m. registration and 9:00 a.m. start, Location: College of the Redwoods. For more information call (707) 443-9861
- **March 17th - St. Patrick's Day Massacre Cyclocross Event,** Organizer: Vic Armijo of Team Bigfoot
- **March 21st-24th - Sea Otter Classic,** road, mountain bike and more, Monterey, CA. web site: www.seaotterclassic.com
- **April 28th - Chico Wildflower,** tour, Chico, CA, web info: www.chicovelo.com
- **May 4th - Lemurian Shasta Classic 2002,** mountain bike race, Location: Shasta Dam, web site: www.shastalemurian.org
- **May 4th-5th - Spring Thaw XC/DH,** mountain bike cross country and downhill, Location: Ashland, OR, web site: www.obra.org
- **May 11th - Tour of the Unknown Coast,** Location: Ferndale, CA, web site: www.tuccycle.org
- **May 17th - John's Backyard Mountain Bike Skills Clinic and Tour,** Location: Kneeland, CA, Organizer: Bigfoot Bicycle Club
- **May 25th-26th Bigfoot 1,** mountain bike cross country and downhill, Organizer: Vic Armijo of Team Bigfoot
- **June 8th - Poker Run,** Family fun ride, Location: Arcata, CA, Organizer: Bigfoot Bicycle Club
- **June 22nd - 12 Hours of Humboldt,** mountain bike, Organizer: Vic Armijo of Team Bigfoot
- **July 13th-14th - Bigfoot II,** mountain bike cross country and downhill, Organizer: Vic Armijo of Team Bigfoot
- **July 13th - Death Ride,** tour, Markleeville, CA, web site: www.deathride.com
- **August 10th - Humboldt 100,** road bike tour, Organizer: Vic Armijo of Team Bigfoot
- **August 18th - Return of the Jedi,** mountain bike cross country, Location: Grants Pass, OR, web site: www.obra.org
- **September 21st-22nd - Humboldt Hoe-Down,** mountain bike cross country and downhill, Organizer: Vic Armijo of Team Bigfoot
- **October 26th - Tompkins Hill Time Trial, No Host-No Fee.** 13.6 mile flat course or 15.2 mile hilly course. Time: 8:30 a.m. registration and 9:00 a.m. start, Location: College of the Redwoods. For more information call (707) 443-9861

The Big Foot Bicycle Club is supported by the following sponsors:



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