



Off The Back



April 2002

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Important Dates:

April 27th - Trail 13 Work Day

May 19th -

John's Backyard Mountain Bike Skills Clinic and Tour

June 9th -

Poker Ride

Tuesday Night Road Ride Back!

With the time change on April 7th, there is more light in the evening! The Tuesday night road ride will meet at North Coast Laboratories at 5680 West End Road in Arcata. The ride starts at 6:00 p.m. and should end before it gets dark, depending on pace. The ride traditionally goes to Bluelake, up the scale's hill, out to Fieldbrook, into McKinleyville, and back via the Hammond trail. The ride pace varies with who shows up. Watch out, Mike Pigg has been rumored to occasionally show up, making for a "brisk" ride. There are several short cuts for slower riders, such as eliminating the scale's hill and skipping the Fieldbrook loop by cutting back on North Bank Road.

Other Rides

- We are phasing out the Wednesday night mountain bike ride in favor of a new ride in McKinleyville. The turnout has dropped as we get tired of the same trails. We will keep you posted with future details.
- Sunday Morning Road Ride. Meet at 10:00 a.m. at Muddy Waters in Arcata.

The Club Needs Your Feedback!

Enclosed is a survey that we would like you to fill out. This is your opportunity to complain, offer advice, or praise us. We have received very little feed back from members. Please help out the club by completing the survey.

St. Patrick's Day Massacre



Jude Stromberg hurdling a log on his way to the win.

Only a select few braved the cold, rain, and snow to compete in the St. Patrick's Day Massacre Cyclocross race. The weather made for classic cyclocross conditions. Most riders used standard mountain bikes but single speed bikes seemed to be the best equipment for the muddy conditions. Eric Almquist donated his property in Arcata for a fun and challenging course that included mud, sand, gravel, and pavement. Vic Armijo of Team Bigfoot organized the event. Jude Stromberg won the men's six-lap race. Christine Dobrowolski won the women's six-lap race. In the ten-lap race Lief Mortenson battled through the mud to win. The full results are posted at www.bigfootbicycle.org.

South Bay Time Trial Results

Everyone that participated in the time trial enjoyed a warm sunny day with very little wind. On the flat course, Vic Armijo posted the fastest time of 30:23. Jenny Krause posted an amazing 33:24 to be the fastest female rider. Chuck Starnes was the fastest male over 50 years old in 34:05. Doug Felden and Richard Heisler were just seconds behind him. It will be interesting to see what happens in the October race! On the hilly course, Jason Butler was the fastest in 47:09. Robert Bertholf, first over 40, and Rick French, first over 50, posted the fourth and fifth fastest times, at 50:18 and 50:54 respectively. If you missed the time trial don't miss the second one on October 26th. The full results are posted at www.bigfootbicycle.org.

Rules for the Ride

Non-members are welcome on all Club rides. But, the following guidelines must be followed by all cyclists:

- Helmets are mandatory!
- Wear comfortable and adequate clothing for the ride.
- Bring the basic tools to repair your bike (pump, patch kit, various wrenches, & spare tube).
- Some tool options include a spoke wrench and a chain tool.
- Food and drink along with money for food, calls, or fixing that blown tire.
- Have fun! That's what riding a bike is all about.

Bike Sites

Have a favorite bike related web site? E-mail me at jabrobbins@aol.com. The hot sites picked for this issue are:

- www.cyclingnews.com
- www.velonews.com
- www.bigfootbicycle.org

Newsletter Submissions

All members are encouraged to submit articles to the newsletter. We are looking for articles that will educate or entertain other club members. For example, did you just get back from a trip to the Tour de France, find a new

trail, or have an epic ride? I'm sure others would love to hear about it. We also encourage articles about bike advocacy and how we all can help out, especially in Humboldt County. Send articles to Jim Robbins at jabrobbins@aol.com or by regular mail to Bigfoot Bicycle Club, P.O. Box 2823, McKinleyville, CA 95519.

Help Out Youth Triathlon

Tri-kids are looking for volunteers to be course marshals during the bike leg of their triathlon that is coming up on June 29th. They need about 10 people that would be willing to ride along the route and make sure that all goes well for the young competitors. For more info contact Revolution Bicycle Repair at 822-2562.

Trail 13 Work Day

Want to make a difference in the Community Forest? We are meeting on Saturday, April 27 to continue our work on trail 13. We will meet at Revolution Bicycle in Arcata at 9:30 a.m. and head on up to trail 13. You can either hitch a ride with the city or pedal on up. Bring work clothes and rain gear if it is wet.

Club Event Volunteers Needed

Several volunteers are needed in order to make sure our two upcoming events are a success. We need help at on May 17th for John's Backyard and on June 9th for the Poker Ride. Call John Dostal at 442-0726 if you can help out.

Breaking News

Try to avoid West End Road around the June 2nd weekend. Rumor is it will be repaved.

2002 Board of Directors

President: John Dostal 442-0726 for info

Vice President: Justin Brown

Treasurers: Todd & Jolien Olsen

Secretary: Michael Butler

Newsletter: Jim Robbins

Wed Site Director: Matt Hodgson

Director at Large: Tim Wykle

2002 Event Calendar

The following events are expected to take place in 2002. This is by no means a complete list of events for California but events the club may participate in because of their proximity to Humboldt. The information presented is the most recent information available. Check local bike shops and the web for more detailed information.

- **April 28th - Chico Wildflower**, tour, Chico, CA, web info: www.chicovelo.com
- **May 4th - Lemurian Shasta Classic 2002**, mountain bike race, Location: Shasta Dam, web site: www.shastalemurian.org
- **May 4th-5th - Spring Thaw XC/DH**, mountain bike cross country and downhill, Location: Ashland, OR, web site: www.obra.org
- **May 11th - Tour of the Unknown Coast**, Location: Ferndale, CA, web site: www.tuccycle.org
- **May 19th - John's Backyard Mountain Bike Skills Clinic and Tour**, Location: Kneeland, CA, Organizer: Bigfoot Bicycle Club, Web site: www.bigfootbicycle.org
- **May 25th-26th Bigfoot 1**, mountain bike cross country and downhill, Organizer: Vic Armijo of Team Bigfoot, web site: www.teambigfoot.net
- **June 8th - Poker Run**, Family fun ride, Location: Arcata, CA, Organizer: Bigfoot Bicycle Club, web site: www.bigfootbicycle.org
- **June 22nd - 12 Hours of Humboldt**, mountain bike, Organizer: Vic Armijo of Team Bigfoot, web site: www.teambigfoot.net
- **July 13th-14th - Bigfoot II**, mountain bike cross country and downhill, Organizer: Vic Armijo of Team Bigfoot, web site: www.teambigfoot.net
- **July 13th - Death Ride**, tour, Markleeville, CA, web site: www.deathride.com
- **August 10th - Humboldt 100**, road bike tour, Organizer: Vic Armijo of Team Bigfoot, web site: www.teambigfoot.net
- **August 18th - Return of the Jedi**, mountain bike cross country, Location: Grants Pass, OR, web site: www.obra.org
- **September 21st-22nd - Humboldt Hoe-Down**, mountain bike cross country and downhill, Organizer: Vic Armijo of Team Bigfoot, web site: www.teambigfoot.net
- **October 26th - South Bay Time Trial, No Host-No Fee**. 13.6 mile flat course or 15.2

mile hilly course. Time: 8:30 a.m. registration and 9:00 a.m. start, Location: College of the Redwoods. For more information call (707) 443-9861

The Big Foot Bicycle Club is supported by the following sponsors:



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