



# Off The Back



...promoting road, mountain, & family cycling.

Volume 7 Issue 1

January/February 2007

## President's Corner

By Tim Daniels

Greetings Bigfooters, and a good new year. It's been a while, but we may yet get another edition of the official Bigfoot Bicycle Club newsletter, Off the Back, on the newsstands before the end of January. I'd like to start by saying I hope 2007 is as good as 2006 was. If our presence at the New Year's Day Kneeland ride was any indication, it'll be even better. I saw about half a dozen BBC jerseys and at least that many more members wearing "other" jerseys. What a great way to start out the new year.

At our meeting in December we wrapped up a great year with a few awards. To Joe Mello, for his long-term participation and financial support, the board has bestowed upon him the title of lifetime honorary member. This was the second such award, following Club founding member John Dostal who was awarded the title last year.

To Rocky Brashear, for his role in convincing the City of Arcata to open their minds and the doors to more, and better trails in the community forest, an anonymous donor gifted to him his own McCleod, the trail builder's tool of choice.

To Michael Butler, for his role in leading two rides a week throughout a better part of the year, an anonymous donor gifted to him an eight foot drover's whip suitable for "cracking" on us slower guys.

We have a lot to look forward to in 2007. We're fortunate enough to have a great place to live and ride. Trail work in the community forest and in King Range is hardly done. We're seeking sponsors for our 2007 trail work kickoff so we can have some great goodies to give away to participants. Team Bigfoot has a full schedule of events too. Be sure to help support our local event promoter. Without Team Bigfoot,



Tim Daniels trail building in the Arcata Community Forest. Michael Butler

we'd have nothing in the way of local races and cool events like the Downtown Criterium, Twelve Hours of Humboldt, and Bigfoot Classic. Said promoter in no way solicited this shameless plug. In my opinion, his efforts warrant it.

See you on the trails and on the road,

Sincerely,

Tim Daniels

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## California's Grand Tour, February 18-25

By Brian Acord

Once again cycling's elite road racers will descend on Central and Southern California for the 2nd annual AMGEN Tour of California. The 650 mile, 8 stage race will be competed from San Francisco to Long Beach. Practically in our backyard, this is your chance to see the Euro-Pros and top domestic cyclists in action in a Tour de France style race.

I still feel the excitement of last

years tour as hometown Santa Rosa boy Levi Leipheimer led the stage 1 peleton into downtown Santa Rosa screaming at 30 mph wearing the leader's Gold Jersey. The next day, Krysta and I were at the summit of Sierra Road in San Jose watching the climbers vie for the King of the Mountain points. Then was the decisive race against the clock. Although I never thought watching a Time Trial would be sensational, seeing So Cal native Floyd Landis

flying in his winning "praying mantis" position was impressive.

This year's Tour of California promises to be even more exciting. Current Italian World Champion Paolo Bettini (The Cricket) will be sporting the Rainbow Jersey for Quickstep-Innergetic and will no doubt be challenging CSC's new acquisition, Argentinian native J.J. Heado, for sprint wins. And one can only

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## What Churned Up

By Jim Robbins

What can be better than sunshine in December, free beer and food, and tons of schwaggl! The 8th annual Stomach Churn Cyclocross was contested by 29 racers on Saturday, December 2nd. The 1.5 mile course was in good shape with a tough running section on the backside of the course. Everyone was entertained by cross dressed Garrett Nada as Wonder Woman, Jennifer Johnson as "dirty old man", and Jim Robbins as "Pirate Ho." The course tended to favor mountain bikes, but several racers road traditional cross bikes.



"Pirate Ho" Jim Robbins running to 3rd place in the Stomach Churn. Vic Armijo



Garrett Nada using his "Wonder Woman" powers to leap barriers in a single bound. Vic Armijo

### 8TH ANNUAL STOMACH CHURN CYCLOCROSS

Saturday, Dec. 2, 2006  
Aldergrove Rd., Arcata, CA  
Course: 1.5 miles

#### 60-Minute Men

Place	Name	Laps	Time
1	John "Fuzzy" Milne	7	1:01:55
2	Geoff Hales	7	1:04:25
3	Jim Robbins	7	1:07:26
4	Matt Deshazo	7	1:08:11
5	Jude Stromberg	7	1:08:31
6	Tim Wykle	7	1:08:41
7	Carl Hesslein	7	1:09:16
8	Ben Beaver	7	1:09:59
9	Rocky Brashear	7	1:10:45
10	Greg Rhode	7	1:11:53
11	Devin Trainer	7	1:12:20
12	Wilson Sauber	7	1:12:21
13	Chris Johnson	6	1:03:30
14	Steve Gough	6	1:04:11
15	Frank Gratz	6	1:04:48
16	Brian Lee	6	1:06:59
17	Rob Surbaugh	6	1:08:16
18	Victor Shen	6	1:15:17
19	Bradley Anderson	5	1:02:55
20	Scott Mc	5	1:03:41
21	Bob Beaver	5	1:11:28

#### 60-Minute Women

Place	Name	Laps	Time
1	Jennifer Johnson	5	1:04:15

#### 30-Minute Men

Place	Name	Laps	Time
1	Michael Radenbaugh	4	37:55
2	Silas Beaver	4	42:50
3	Garrett Nada	4	43:30
4	Eli	4	45:30
5	Rich Miller	4	45:35
6	Bob Beaver	3	39:40
7	Joe Mello	3	40:09

**Off The Back** is the Official newsletter of the Bigfoot Bicycle Club.

www.bigfootbicycle.org

ridehard@bigfootbicycle.org

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## From The Editor

By Brian Acord

How long has it been since you've had a copy of *Off The Back* in your hot little hands? Well over 6 months; maybe even a year. The point is, it's been way too long.

As the new BBC Newsletter Di-

rector it is my goal to put together an informative newsletter not only for Bigfoot members, but also for others in our community in order to attract new cyclists to our club and get others turned-on to cycling.

In order for this newsletter to

be successful, I request contributions from you, the Bigfoot cycling community. Drop me a line if you have some cool photos, idea for an article, race results, or up-coming event.

Sincerely,

Brian Acord

## Tour of California

(Continued from page 1)  
 expect that Levi, wearing a new shade of blue (Discovery), will want to put on a great show for his hometown fans in Santa Rosa. Also expect Oregonian

Chris Horner & Californian "Fast Freddie" Rodriguez to be in the mix for their Predictor-Lotto squad. Who knows, maybe Fast Freddie will be leading out the "Pocket Rocket" Robbie McEwen. I wish! But you never know; few teams have finalized their racing roster.

The best way to view the event is to get out on the course at one of the climbs or maybe after a feed zone to grab some tossed schwagg. The circuit finishes

of stage 1 & 2 also will provide spectacular viewing. Check out [www.amgentourofcalifornia.com](http://www.amgentourofcalifornia.com) for stage details including maps, profiles, and location ETA.

If you can't get on the course, then your best bet will be the on-line live Tour Tracker or the 2 hour nightly TV show on VER-SUS (formally OLN).



Bernard Kohl (T-Mobile) taking the KOM points on Sierra Road summit followed by Levi Leipheimer (Gerolsteiner). *Brian Acord*

### Pro Tour Teams

- Team CSC (Denmark)
- Crédit Agricole (France)
- Discovery Channel Pro Cycling Team (USA)
- Gerolsteiner (Germany)
- Liquigas Pro Cycling Team (Italy)
- Predictor-Lotto (Belgium)
- Quick Step-Innergetic (Belgium)
- Rabobank Cycling Team (Netherlands)
- T-Mobile Team (Germany)

### Domestic Pro Teams

- BMC Racing Team (USA)
- Colavita/Sutter Home Presented by Cooking Light Team (USA)
- Health Net Presented by Maxxis (USA)
- Jelly Belly Cycling Team (USA)
- Navigators Insurance Cycling Team (USA)
- Priority Health Cycling Team Presented by Bissell (USA)
- Team Slipstream Powered by Chipotle (USA)
- Toyota-United Pro Cycling Team (USA)
- USA Cycling National Development Team (USA)

### Bay Area Stages

Prologue	Sun 18th	San Francisco, Individual Time Trial
Stage 1	Mon 19th	Sausalito to Santa Rosa
Stage 2	Tue 20th	Santa Rosa to Sacramento
Stage 3	Wed 21st	Stockton to San Jose

## Bigfoot Bicycle Club Membership

Name \_\_\_\_\_ DOB \_\_\_\_\_

Significant Other \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ E-mail \_\_\_\_\_

New Membership \_\_\_\_ Renewal \_\_\_\_ Change of Address \_\_\_\_

Additional Family Members:

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

Membership Dues*		
Begin	Family	Individual
Jan-Mar	\$20	\$15
Apr-Jun	\$16	\$12
Jul-Sep	\$12	\$9
Oct-Dec	\$8	\$6

\*Pro-rated dues for new members. Existing members pay full year dues.

**\*Release of Responsibility:** For consideration of membership in the Bigfoot Bicycle Club, Inc., I hereby release for myself and for all my agents, the Bigfoot Bicycle Club, Inc., it's agents, officers, and successors, from all responsibility for damages to my property or me from any Bigfoot Bicycle Club, Inc., activity or event. I acknowledge that cycling entails certain risks and hazards, almost none of which arise from the organization of cycling events. I agree to abide by the rules established for club activities and events.

**Helmets are required on all club rides.**

Signature \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

\*All adult members must sign release. Signature of parent or guardian required for members under age 18.

Make checks payable to Bigfoot Bicycle Club and return completed form to: BBC, P.O. Box 2823, McKinleyville, CA 95519

Revised 1/10/05

## Up Coming Events

### Club Meeting

Monday, February 5th, 6:30pm at Luzmillas in Arcata. Typically, recurring 1st Monday of the month at 6:30pm.

### Training Rides

Saturdays, 9am, road ride. Meet at *Adventures Edge*, Arcata. Moderate to difficult fast paced ride. Phone 822-4673 for more info.

Sundays, 9am, road ride. Meet at *Revolution Bicycle Repair*, Arcata. Moderate to difficult fast paced ride. Phone 822-2562 for more info.

Sundays, 9am, road ride. Meet at *Life Cycle*, Arcata. Typically splits into two groups: moderate paced and fast paced social rides. Phone 822-7755 for more info.

Thursdays, 6:30pm, MTB ride. Varies, loosely organized. Enquire through the Yahoo! group email.

### Centuries

#### *Paskenta Century*

Sunday, February 4th, SuperBowl Sunday - Chico - Corning - Paskenta - Orland; 50, 75 or 100 flat miles, starts 8am at One Mile, Bidwell Park, Chico, CA. No fees, map pro-

vided, show up & ride century. More info: [www.chicovelo.org](http://www.chicovelo.org)

#### *Rice Valley Tandem Rally*

Sunday, February 11th, Gridley - Grey Lodge - Sutter Buttes; 40, 62, 100 flat miles, starts Gridley, CA. Full support. Hike: Into the Sutter Buttes. More info: [www.chicovelo.org](http://www.chicovelo.org)

#### *Tour of the Unknown Valley*

Sunday, March 4th, Willows - Maxwell - Stonyford - Elk Creek; 65 or 106 miles. 106 miles, start in Willows; 65 mile starts in Maxwell. Full support. More info: [www.chicovelo.org](http://www.chicovelo.org)

#### *Chico Velo Wildflower Century*

Sunday, April 22nd, Wildflower 100 - Mildflower 65 - Childflower 20 - Flatflower 30/65; A Bicycling Magazine Top Ten Century. Starts in Chico, CA. Full support. More info: [www.chicovelo.org](http://www.chicovelo.org)

#### *Tour of the Unknown Coast*

Saturday, May 12th, Ferndale - Scotia - Redcrest - Honeydew - Petrolia - Capetown; 10, 20, 50, 62, 100 mile rides. More info: [www.tuccycle.org](http://www.tuccycle.org)

### Races

#### *AMGEN Tour of California*

February 18-25th. Eight-day stage race from the San Francisco Bay Area to Southern California (650 miles) featuring the world's top professional cycling teams. More info: [www.amgentourofcalifornia.com](http://www.amgentourofcalifornia.com)

#### *Sea-Otter Classic*

April 12-15th, Monterey. Four-day bicycle festival featuring a variety of road and mountain bike races for beginners, amateurs, and professionals. More info: [www.seaotterclassic.com](http://www.seaotterclassic.com)

Local teambigfoot.net promoted races:

#### *Pre-Otter*

March 31st, Saturday, Arcata (MTB STXC).

#### *12 Hours of Weaverville*

May 26th, Saturday, Weaverville (MTB Endurance).

#### *Gravity Day*

May 27th, Sunday, Weaverville (MTB Super-D, DH).

#### *Arcata Downtown Criterium*

June 3rd, Sunday, Arcata (Road Race).



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